

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Pot Roast, Potatoes, Cabbage, Fresh Fruit	Happy Birthday Eleanor Schipporeit! 2 Hamburger Patty, Potato Salad, Cowboy Beans, Fresh Fruit	Happy Birthday Shirley Barstow! 3 Chicken Fried Steak, Mashed Potatoes, Green Beans w/Bacon, Fresh Fruit	4 Smothered Pork Chop, Stuffing, Peas, Fresh Fruit	5 Swedish Meatballs, Smoky Cheddar Potatoes, Corn, Fresh Fruit	6 Shrimp Alfredo over Zucchini Noodles, Asparagus, Fresh Fruit	7 Ground Beef & Cabbage, Veggie Tray, Fresh Fruit
8 Turkey, Mashed Potatoes, Beets, Fresh Fruit <small>Daylight Saving Time Begins</small>	9 Chinese Day! Fresh Fruit <small>Purim Begins</small>	10 Brisket, Curly Fries, Baked Beans, Fresh Fruit	11 Pork Cutlet, Little Potatoes, Butternut Squash, Fresh Fruit	12 Veggie Noodle Lasagna, Spinach Salad, Fresh Fruit	13 Tilapia, Wild Rice Casserole, California Blend, Fresh Fruit	14 Chicken Pot Pie, Side Salad, Fresh Fruit
15 BBQ Ribs, Baked Potato, Light Coleslaw, Fresh Fruit	16 Beef Tips over Rice, Cauliflower Au Gratin, Fresh Fruit	17 Corned Beef, Potatoes, Cabbage, Carrots, Fresh Fruit <small>St. Patrick's Day</small>	18 Red & White Chicken, Potato Salad, Corn, Fresh Fruit	19 Philly Meat, Onion Chips, Roasted Vegetables, Fresh Fruit <small>Spring Begins</small>	20 Shrimp, Hash Brown Casserole, Green Beans, Fresh Fruit	21 Turkey, Mashed Potatoes, Tuscan Blend, Fresh Fruit
22 Ham, Sweet Potato, Mixed Vegetable Casserole, Fresh Fruit	23 Meat Sauce over Spaghetti Squash, Zucchini Bake, Fresh Fruit	24 Chicken Breast Spanish Rice, Fresh Fruit	Happy Birthday Doris Hughes! 25 Hamburger Patty, Baked Potato, Ramen Noodles Salad, Beets, Fresh Fruit	26 Ham Balls, Scalloped Potatoes, Green Beans, Fresh Fruit	27 Fish & Chips, Light Coleslaw, Fresh Fruit	28 Liver & Onions or Hamburger Patty, Baked Potato, Cream Corn, Fresh Fruit
29 Baked Chicken, Mashed Potatoes, Baked Apricots, Green Beans w/Bacon, Fresh Fruit	30 Corned Beef, Onion Rings, 7-Layer Salad, Fresh Fruit	31 Pork Tenderloin, Broccoli & Rice Casserole, Fresh Fruit	 <p style="text-align: center;">March 2020 Healthy Choice Dinner Menu</p>			