

January 2018 | Issue 1 | 450 S Main St | Ainsworth, NE | 402-387-1000 | www.cottonwoodvilla.com

# THE MOST CREATIVE JOB IN THE WORLD

By: Rosemary Beddingfield

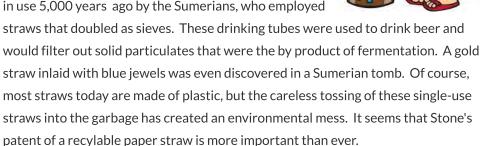
It involves love and caring, recreation, education, leadership, entertainment, handicrafts, art, cuisine, horticulture, literature, a sense of humor, intelligence, training, community relations, weekends & evenings, economics, maintenance, decorating, transportation, counseling, evaluating, enthusiasm, decision making, diplomacy, meetings, planning, purchasing, accounting, management, religion, psychology, hard work, daring creative thinking, theatrics, dexterity, music, physical fitness, patience and energy.

Anyone who can handle all these has to be someone special.

That someone is an ACTIVITY DIRECTOR!

# **TOTALLY TUBULAR**

Spend January 3 celebrating the totally tubular invention of the drinking straw. On this day in 1888, Marvin stone was issued a patent for his paper drinking straw. Prior to Stone's invention, people used straws made from blades of rye grass, but rye imparted a grassy taste to the drink. His invention was a welcome improvement, but hardly original. Drinking straws were in use 5,000 years ago by the Sumerians, who employed



#### **COTTONWOOD VILLA DATES TO REMEMBER**

**Residents Birthdays** 

Virginia Lewis- 1/26

**Staff Birthdays** 

Annisa Carroll- 1/17

Mary Vansickle- 1/21

**Activities Professionals Week** 

January 21-27, 2018

Thank you Natalie!



### **FLYING HIGH**

of raptors, but compared to hawks and falcons, they stand out as the largest. Stellar's sea eagle from the northeastern coast of Asia is the heaviest at 20 pounds, but the with more than seven-foot wingspan, the national bird of the Philippines, is the world's rarest and most world's smallest. Found only on India's Great Nicobar Island, this and fly at high altitudes, sometimes up to 10,000 feet. They can hunt they can see clearly up to 50 miles



# **RESIDENT COUNCIL MINUTES**

The Cottonwood Villa Resident Council met on Tuesday, December 12th, at 10AM. Natalie Leach facilitated the meeting. Seven residents were present. Feedback was received on the following departments.

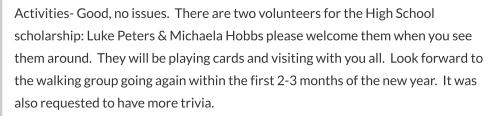
Housekeeping- Good, no issues. Please get any stained clothes to the med aides or housekeeping as soon as possible, once the stain sets they cannot fix it.

Maintenance- Good, no issues.

Administration-Good, no issues.

Medication Aides-Good, no issues.

Bath Aides-Good, no issues.



Kitchen- It was requested to have more veggies & more variety; less cheesy/casserole veggies and more just plain with butter. More eggs were also requested for Breakfast, scrambled are fine. They have been getting a lot of bacon in the mornings- 2 slices would be enough. It was also requested to have the oranges peeled as the slices are harder for some to eat.

There were no further comments.



### **GUEST MEAL PRICES**

Breakfast- \$5.50 (Adult) \$5(Child)

Dinner- \$7.50 (Adult) \$6.50 (Child)

Supper- \$6.50 (Adult) \$6 (Child)

